

Talking to Your Rheumatologist About SetPoint Therapy for RA Treatment

If you continue to struggle with your RA after trying a biologic or JAK inhibitor, this discussion guide gives you the resources you need to start a conversation with your rheumatologist about SetPoint Therapy.

BEFORE YOUR APPOINTMENT

Taking time to prepare before your appointment helps make the most of your visit.

WHAT TO BRING

- ☐ This discussion guide
- ☐ Current medication list
- ☐ List of current symptoms and treatment history

YOUR RA TREATMENT GOALS

- ☐ Reduce RA symptoms
- ☐ Prevent permanent joint damage
- ☐ Reduce medication side effects or potential risks
- ☐ Maintain or regain activity level
- ☐ Find a non-drug treatment alternative
- ☐ Simplify medication management
- ☐ Find affordable treatment
- ☐ Find a treatment that makes it easier to travel
- ☐ Other: _____

Next → circle the goal above that is most important to you

What does a typical day look like for you? _____

I feel like my RA is not fully controlled because: _____

DURING YOUR APPOINTMENT

Start the conversation

I want to discuss a new RA treatment called SetPoint Therapy that works through the vagus nerve. I feel like my RA is still not where I want it to be and would like to explore other options, including if I can add SetPoint Therapy to my treatment plan.

QUESTIONS TO ASK YOUR RHEUMATOLOGIST

- How is SetPoint Therapy different from the treatments I’ve already tried?
- Where do you see this fitting into my overall treatment plan?
- What should I expect before, during, and after the implant procedure?
- What does stimulation feel like?
- Which surgeon would I need to see to have the device placed?
- Does getting SetPoint Therapy limit any of my treatment options in the future?
- If we were to explore this, what would the next step look like?

NOTES: _____

RESOURCES



LEARN MORE
SetPoint Therapy
& patient stories



FOR YOUR DOCTOR
Rheumatologist
information



THE RESEARCH
RESET-RA study in
Nature Medicine

The SetPoint System is indicated for the treatment of adult patients with moderately to severely active RA who have had an inadequate response, loss of response, or intolerance to one or more biological or targeted synthetic DMARDs. Do not use if you have had a vagotomy or splenectomy, or if your healthcare provider determines that it is not safe for you to use the SetPoint System. Risks may include, but are not limited to, pain or infection after surgery, hoarseness, bruising, swelling, coughing and throat irritation.

For full safety information, please see Instructions for Use and our Important Safety Information or visit setpointmedical.com/manuals. Individual results may vary. Please consult with your health care provider to determine if the SetPoint Therapy is right for you.